

## Patient Counseling Information

## GI Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

## Your Pathology Test Result

Stomach Cancer (also known as gastric cancer)

## Pathologist Description of Your Diagnosis

Cancer of the stomach or gastric cancer, is a disease where malignant (cancer) cells are located in the stomach tissue. Sometimes cancer may be present for a long time and can grow large in size before it causes clinical symptoms (indigestion, bloating, nausea, appetite loss, or heartburn). Patients with advanced cases have blood in the stool, vomiting, weight loss, and stomach pain. The chance of getting stomach cancer is greater in patients with H. Pylori infection, or in older patients, in males, cigarette smokers, or a diet high in dry salted foods. Other factors are atrophic gastritis, pernicious anemia, or hereditary intestinal polyp growths. The chance of recovery and choice of treatment depends on the stage of the disease and the patients state of health. Once cancer has been diagnosed, additional tests will be ordered to see if the cancer has spread. Your physician needs to know this to plan treatment of your disease. Final staging of your cancer will be made following your surgery.

## Your Options For Treatment

Surgery - Subtotal gastrectomy - removal of part of the stomach

Total gastrectomy - removal of entire stomach and surrounding tissues.

Chemotherapy

Radiation therapy (being tested in clinical trials)

Biological therapy (being tested in clinical trials)

## Patients' Frequently Asked Questions

What are the complications for each of my treatment options?

What are the cure rates for each treatment option?

How will my diet and lifestyle be changed?

Are any of my family members at higher risk for stomach cancer?

Can I lead a normal life after my treatment and surgery?

## Suggestions For Your GI Health Maintenance

### Don't Miss Your Follow Up Appointments

Maintain good nutrition

Don't miss follow up appointments

## Additional GI Patient Resources and Support

American Digestive Health Foundation, 1-800-NO-ULCER

Health & Wellness Hotline 800-394-7546

American College of Gastroenterology Hotline – 800-978-7666; website: [www.acg.gi.org](http://www.acg.gi.org)

Digestive Health Initiative – 800-668-5237

American Cancer Society – 800-ACS-2345

National Cancer Institute Information Service - 800-4 CANCER; website: [www.nci.nih.gov](http://www.nci.nih.gov)

OncoDiagnostic Laboratory, Inc., website: <http://www.oncodiagnostic.com/>

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

This information provided by:

