

## Patient Counseling Information Urology Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

### Your Pathology Test Result

Prostatitis

### Pathologist Description of Your Diagnosis

Prostatitis is a common but confusing condition affecting adult men. The three major types are: 1. Acute and chronic bacterial prostatitis (5%); 2. Non-bacterial prostatitis (64%); 3 Prostatodynia(31%)

E. coli has been isolated in most bacterial prostatitis. TB, fungus and parasites are much more infrequent causes of prostatitis

The symptoms in bacterial prostatitis are sudden onset of chill, fever, urgency, frequent and painful urination, blood in semen, pelvic and penile pain. In non-bacterial prostatitis and prostatodynia, pain is the dominant symptom together with urgent, frequent and painful urination.

### Your Options For Treatment

1. Appropriate antibiotics for bacterial prostatitis
2. Increased fluid intake
3. Hot baths taken frequently
4. Increased Sexual activity or ejaculation
5. Prostate massage for chronic prostatitis

### Patients' Frequently Asked Questions

1. Is prostatitis a sign that I might have cancer?
2. Can repeated episodes of prostatitis cause cancer?
3. What is the best treatment for my specific type of prostatitis?
4. Can I transmit my disease to my sexual partner?
5. When is it safe to engage in sex?
6. Do I and my sexual partner need to change our lifestyle to prevent future occurrence?
7. Can it recur following successful treatment?

### Suggestions For Your Urological Health Maintenance

#### Don't Miss Your Follow Up Appointments

Report any changes in your routine bladder or sexual habits to your physician

Have your PSA checked every year along with a digital rectal exam

### Additional Urology Patient Resources and Support

American Urology Foundation, [www.prostatehealth.com](http://www.prostatehealth.com) Health & Wellness Hotline 800-394-7546

American Urology Association Hotline – 800-978-BPHH website: [www.aua.org](http://www.aua.org)

Urologic Health Initiative – 800-668-5237 [www.prostatitis.org](http://www.prostatitis.org)

National Cancer Institute website: [www\nci.nih.gov](http://www\nci.nih.gov)

[www.cancernews.com/male](http://www.cancernews.com/male)

[www.oncodiagnostic.com](http://www.oncodiagnostic.com)

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

This information is provided by:

