

Patient Counseling Information

Urology Pathology Report

Patient Name: Patient Name

Date of Testing: Test Date

Birth Date: Patient Birth Date

Social Security #: Patient Social Security #

Your Pathology Test Result

Adenocarcinoma (cancer) of the prostate with Gleason score Gleason Score

Pathologist Description of Your Diagnosis

Prostate cancers are classified or staged based on their aggressiveness and degree that they are different from the surrounding non-cancerous prostate tissue. The Gleason's score is the most well-established system used to grade the aggressiveness of the tumor. A Gleason's score ranges between the numbers of 2 and 10. A low Gleason's score represents less aggressive cancer; A high score represents more aggressive cancer. Together with other parameters determined by your physician, the Gleason's score is used to predict your prognosis and guide your therapy.

Treatment Options - Choice of treatment depends on the stage of the tumor and some are controversial

1. Surgery - radical prostatectomy (removal of prostate & seminal vesicles), cryosurgery (freezing prostate with liquid nitrogen), and orchiectomy (removal of testicles).
2. Radiation - external beam or radioactive seed implants (brachytherapy).
3. Medications - hormonal manipulation, chemotherapy (cyclophosphamide, methotrexate, doxorubin, 5-fluorouracil, cisplatin, mitomycin C. and decarbazine).
4. "Watchful waiting" - serial PSA blood tests, repeat biopsies, bone scan and/or CT scan, and other clinical follow up.

Patients' Frequently Asked Questions

1. What does the pathologic grade and stage of my tumor mean in regards to my treatment option?
2. What are the complications of my treatment option?
3. Will any of the treatment options affect my sexual activity?
4. What does the pathologic grade and stage of my tumor mean to my prognosis?
5. What changes in my lifestyle can I look forward to after my treatment?
6. What is "watchful waiting"?
7. Are there any local prostate cancer support groups that I may contact for help?

Suggestions For Your Urological Health Maintenance

Don't Miss Your Follow Up Appointments

You will be closely monitored for disease

Get serial PSA tests every six months along with a digital rectal exam

progression regardless of your treatment option

Bone scan and/or CT scan to evaluate metastasis

Report changes in bladder function/sexual habits

Postvoid residual (PVR) and complete blood count

Additional Urology Patient Resources and Support

Amer.Urology Foundation - www.prostatehealth.com

Prostate Cancer Infolink - www.comed.com/prostate

www.capture.org (M. Milken funded support group)

www.cancernews.com/male

Cancernet- www.cancernet.nci.nih.gov

www.oncodiagnostic.com

National Cancer Institute Information Service – 800-4

CANCER website: www.nci.nih.gov

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

This information is provided by: Doctor's Name

