

Patient Counseling Information

GI Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

Your Pathology Test Result

H. Pylori gastritis

Pathologist Description of Your Diagnosis

Gastritis is an inflammation of the lining of the stomach. H. pylori is a microscopic organism that burrows through the top layer of your stomach lining and lives and hides there. This inflammation caused by H. pylori, if left untreated, can cause ulcers, a type of lymphoma (MALT), and stomach cancer. H. pylori also exists in the stomachs of individuals who do not develop ulcers. Therefore, most scientists believe ulcers happen when individuals have a genetic predisposition and the H. pylori bacteria present in their stomachs.

Your Options For Treatment

Antibiotics - a) Triple Therapy (2 weeks) bismuth, tetracycline, and metronidazole (clarithromycin can be substituted) or b) Dual Therapy - (2 weeks) amoxicillin and metronidazole (clarithromycin can be substituted)
H2-Receptor Antagonists (Tagamet, Zantac, Pepcid, Axid)
Proton pump inhibitors - omeprazole and lansoprazole

Patients' Frequently Asked Questions

How long is the medication taken?
After being treated with antibiotics will the infection come back?
What about a special diet?
What about smoking?
What about drinking alcohol?
Can I still drink coffee?

Suggestions For Your GI Health Maintenance

Don't Miss Your Follow Up Appointments

Take all your medication
Restrict alcohol, coffee and smoking

Additional GI Patient Resources and Support

Be sure to ask your doctor or our medical team for recommendations and additional resources.
AMERICAN CANCER SOCIETY (800) 227-2345 - Information on prevention and wellness
HEALTH & WELLNESS HOTLINE (800) 394-7546 - Better health through nutrition
AMERICAN DIGESTIVE HEALTH FOUNDATION (800) NO-ULCER
AMERICAN COLLEGE OF GASTROENTEROLOGY HOTLINE (800) 978-7666; website: <http://www.acg.gi.org>
ONCODIAGNOSTIC LABORATORY, INC., website: <http://www.oncodiagnostic.com/>

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

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