

Patient Counseling Information

GI Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

Your Pathology Test Result

Crohn's Disease

Pathologist Description of Your Diagnosis

Crohn's Disease is one of the two types of Inflammatory Bowel Diseases. In Crohn's Disease there is an inflammation of the terminal segment of the small bowel (*ileitis*) and colon (*ileocolitis*) which extends deep into the intestinal wall. Crohn's may cause persistent diarrhea, fever, and bleeding. It sometimes results in narrowing of the small intestine causing increased abdominal pain and possible abscess formation. There is no one explanation for Crohn's. Current theory holds that a viral or bacterial or allergic process inflames the intestine. If the person is genetically predisposed this produces antibodies which attack the intestine and causes inflammation. There is little evidence that stress is a major cause of Crohn's Disease. Regular medical check ups are required to detect pre-cancerous and cancerous lesions.

Your Options For Treatment

Medications

- 1) 5-ASA (available as oral, suppositories and enemas)
- 2) Corticosteroids (oral, suppositories, enemas and intravenously)
- 3) Anti-Immune therapy - Azathioprine and 6-mercaptopurine, which will suppress the body's ability to make antibodies

Surgery

Patients' Frequently Asked Questions

What are the complications for Crohn's?

Are there complications from the medical treatments?

How successful is medical therapy?

Is diet management important?

What is the difference between Crohn's and ulcerative colitis?

How is Crohn's different than Irritable Bowel Syndrome?

What are my surgical options for Crohn's?

Suggestions For Your GI Health Maintenance

Don't Miss Your Follow Up Appointments

Take your medication as prescribed by your doctor

Maintain good nutrition

If milk sensitive, either avoid milk products or use those with the enzyme lactase added

Additional GI Patient Resources and Support

Be sure to ask your doctor or our medical team for recommendations and additional resources.

AMERICAN CANCER SOCIETY (800) 227-2345 - Information on prevention and wellness

HEALTH & WELLNESS HOTLINE (800) 394-7546 - Better health through nutrition

AMERICAN COLLEGE OF GASTROENTEROLOGY HOTLINE (800) 978-7666; website: <http://www.acg.gi.org>

ONCODIAGNOSTIC LABORATORY, INC., website: <http://www.oncodiagnostic.com/>

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

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