

Patient Counseling Information

GI Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

Your Pathology Test Result

Colon Cancer

Pathologist Description of Your Diagnosis

Most cases of colorectal cancer begin with the development of benign polyps in the colon. These polyps often turn into cancer, but rarely produce any clinical symptoms. The cause appears to be both inherited and environmental factors. Men and women develop colorectal cancer in almost equal numbers. Everyone aged 50 and over is considered at average risk for the disease. High-risk groups include 1) those with a family history of colorectal cancer or polyps, 2) a personal history of colorectal cancer or polyps or 3) an inflammatory bowel disease (IBD), such as ulcerative colitis or Crohn's disease. Colorectal cancer progresses in stages. In the earliest stages, colorectal cancer is one of the most preventable and curable cancers. There is a 95 percent chance of a five year survival in stage I, versus only a 3 percent chance in stage IV. Final staging of your cancer will be made following surgery.

Your Options For Treatment

Surgery

Radiation therapy

Chemotherapy

Patients' Frequently Asked Questions

What are the complications for each of my treatment options?

What are the cure rates for each treatment option?

Will I need a colostomy bag?

Are any of my family members at higher risk for colon cancer?

Can I lead a normal life after my treatment and surgery?

Suggestions For Your GI Health Maintenance

Don't Miss Your Follow Up Appointments

Maintain good nutrition

a) include a high fiber diet

b) avoid high fat diet

Avoid smoking

Annual occult blood testing of the stool

Additional GI Patient Resources and Support

American Digestive Health Foundation, 1-800-NO-ULCER

Health & wellness Hotline – 800-394-7546

Digestive Health Initiative – 800-668-5237

American Cancer Society – 800-ACS-2345

American College of Gastroenterology Hotline 800-978-7666; website <http://www.acg.gi.org>

National Cancer Institute Information Service - 800-4 CANCER

OncoDiagnostic Laboratory, Inc., website: <http://www.oncodiagnostic.com/>

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

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