

Patient Counseling Information

GI Pathology Report

Patient Name:

Date of Testing:

Birth Date:

Social Security #:

Your Pathology Test Result

Barrett's Esophagus

Pathologist Description of Your Diagnosis

Barrett's Esophagus is a condition where the lining of the lower esophagus changes and grows to look like cells lining the stomach or intestine. This change of one cell type into another is the result of your body's protection mechanism against gastroesophageal reflux disease (GERD). GERD appears whenever stomach acid backs up into your esophagus. This causes heartburn like symptoms. This cellular change increases your chances of developing abnormal looking cells which, left untreated, could progress to cancer. It is best to detect these cellular changes as early as possible.

Your Options For Treatment

Endoscopy Screening - a thin, flexible tube with a light is inserted through the mouth into the esophagus. This device gives your doctor the ability to see the lining of your esophagus. If an area looks abnormal, a random biopsy is taken.

Medication - You may be placed on medication to control or stop the production of stomach acid

Screening Frequency - endoscopy screening is determined by the type of cell changes or abnormality is found.

Patients' Frequently Asked Questions

What type of Barrett's do I have?

How will I know if I am doing well?

Am I at high risk to develop cancer?

What complications do I need to know about?

What can I do to reduce esophageal irritation?

How often do I need to come back for follow ups?

Suggestions For Your GI Health Maintenance

Don't Miss Your Follow Up Appointments

Avoid excessive alcohol and smoking

Contact your doctor immediately if you have any choking or difficulty in swallowing

Ask about nutritional counseling for guidance and suggestions for a proper diet

Additional GI Patient Resources and Support

AMERICAN COLLEGE OF GASTROENTEROLOGY HOTLINE 800-978-7666; website - <http://www.acg.gi.org>

AMERICAN CANCER SOCIETY (800) 227-2345 - Information on prevention and wellness

HEALTH & WELLNESS HOTLINE (800) 394-7546 - Better health through nutrition

KRAMES COMMUNICATIONS (800) 333-7546 - GERD - A Common & Uncomfortable Problem

ONCODIAGNOSTIC LABORATORY, INC., website: <http://www.oncodiagnostic.com/>

This report is provided to help you understand your pathology test result and to review your treatment options. Other treatment options and additional information may also be available. Please consult your doctor with any questions you may have. Only you and your doctor can decide which treatment is best for your condition based on your medical history and condition.

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